

# Breakfast

*Daily breakfast selections include the following:*

*Hot Cereal*

*Cold Cereal*

*Bacon, Sausage, or Ham*

*Eggs - cooked the way you want them*

*In Addition, our menu offers additional selections throughout the week, which include the following:*

*Biscuits and Gravy*

*Doughnuts*

*Hash Browns*

*Danish*

*Pancakes*

*Waffles*

Our certified dietician prepares and approves our menus, based on the desires of the residents living in our community. We are able to accommodate many special diets.

The lunch and supper menus are prepared for a full month and rotate. This is one

week of menus. Alternative food choices are always available and include various hot or cold sandwiches, chicken, sliders, and a cottage cheese with fruit plate.

## *Lunch*

### *Sunday*

*Fried Chicken with Mashed Potatoes*

*Whole Kernel Corn and Green Beans*

*Dinner Roll*

*Blueberry Peach Cobbler*

### *Monday*

*Roast Beef with Brown Gravy*

*Baked Potato*

*Breaded Mushrooms*

*Dinner Roll*

*Fruit Gelatin Whip*

### *Tuesday*

*Salisbury Steak*

*Mashed Potatoes & Gravy*

*Cranberry Dressing*

*Peas*

*Dinner Roll*

*Caramel Cake*

## ***Wednesday***

*Ham and Beans*

*Fried Potatoes*

*Creamy Coleslaw*

*Cornbread*

*No Bake Cookies*

## ***Thursday***

*Country Fried Steak with Gravy*

*Potato Casserole*

*Broccoli Florets*

*Bread*

*Pumpkin Pie Squares*

## ***Friday***

*Roast Pork Loin with Brown Gravy*

*Parslied Red Potatoes*

*Sauerkraut*

*Bread Choice*

*Ice Cream*

## ***Saturday***

*Tangy Ranch Chicken*

*Baked Potato*

*Countryside Vegetables*

*Dinner Rolls*

*Snow Cap Cookies*

## ***Supper***

### ***Sunday***

*Sausage and Potato Casserole*

*Herbed Tomatoes*

*Green Pepper Slaw*

*Toast*

*Rainbow Jello with Whipped Topping*

### ***Monday***

*Chicken Parmesan*

*Pasta Primavera*

*Italian Green Beans*

*Garlic Bread*

*Iced Brownies*

## ***Tuesday***

*Meatloaf*

*Mashed Potatoes and Gravy*

*Mixed Vegetables*

*Dinner Rolls*

*Starburst Cake*

## ***Wednesday***

*Herb Braised Beef*

*Hash Brown Casserole*

*Marinated Tomato Salad*

*Dinner Rolls*

*Pudding Parfait*

## ***Thursday***

*Swedish Meatballs*

*Noodles*

*Green Beans*

*Garlic Breadstick*

*Pineapple Upside Down Cake*

## *Friday*

*Breaded Fish Fillet*

*Macaroni and Cheese*

*Cooked Cabbage*

*Hushpuppies*

*Country Apple Dessert*

## *Saturday*

*Chicken Pasta Casserole*

*Baby Carrots*

*Green Beans*

*Choice of Bread*

*Frosted Sugar Cookies*